

The myth of the self-sufficient artistic genius that is free from all social responsibilities is an outdated patriarchal idea. It uses power mechanisms and reproduces exploitative conditions! Therefore:

art+care

We are a growing network of caregiving artists. We are developing a different understanding of artists that is defined by connection and solidarity: We think of creating artistic projects and helping to shape life together. We are joining our forces to ensure that

- **creating art with care work can grow into a social vision**
- **we feel supported and are supported in return**
- **needs can be expressed in protected spaces**
- **pressure can be released and our full strength can bloom**
- **vulnerability as a basic condition of life is respected**
- **children and other caretakers are welcome in our lives**
- **we can take breaks to help our resources recuperate**
- **more space will become accessible for caretakers and caregivers**
- **our mindfulness expands past the human**
- **together we can change role models and power structures**
- **we renegotiate the definition of work together**

We are angry and infinitely tender all at the same time!

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Join us! → artandcare.org